

## Word Search

# Aerobic and Anaerobic Exercise

Words to Find:

CARDIO  
OXYGEN  
WORKOUT  
JOGGING  
PLYO

STAMINA  
GLUCOSE  
BURPEES  
WEIGHTS  
ENERGY

FITNESS  
LACTATE  
CYCLING  
HIIT  
METABOLISE

V	V	P	L	Y	O	M	I	O	C	F	G	Z	O	T
J	M	C	C	N	N	B	I	G	D	E	D	W	H	S
F	Y	E	E	Z	A	D	N	H	S	P	X	L	J	S
I	Y	T	T	F	R	I	W	E	I	G	H	T	S	C
T	J	Z	P	A	L	U	S	L	A	C	T	A	T	E
N	O	P	C	C	B	O	M	O	F	L	Y	R	W	I
E	F	A	Y	E	C	O	F	H	D	Q	L	U	A	C
S	N	C	T	U	Z	R	L	C	Z	B	X	N	V	J
S	O	W	L	Z	G	H	E	I	A	B	I	S	I	A
D	X	G	J	W	H	U	C	Y	S	M	E	J	F	H
Y	Y	W	O	R	K	O	U	T	A	E	I	O	T	I
Y	G	D	O	N	G	N	U	T	P	H	P	Y	A	I
V	E	T	W	A	P	Y	S	R	D	P	I	I	Y	T
E	N	Z	Y	O	R	F	U	J	O	G	G	I	N	G
N	N	K	O	L	M	B	E	E	E	N	E	R	G	Y



Discover more wordsearches online...  
[SCHOOLWORDSEARCH.COM](https://www.schoolwordsearch.com)

