

# Word Search

## Buddhist Meditation

Words to Find:

MINDFULNESS  
ANAPANASATI  
KOAN  
RETREAT  
CHANTING

METTA  
ZEN  
SHAMATHA  
DHARMA  
LOTUS

SAMADHI  
MANTRA  
INSIGHT  
PRECEPTS  
KARMA

Z	D	D	F	R	L	O	T	U	S	V	I	F	P	U
S	O	H	Z	E	N	H	O	N	Z	H	N	E	B	S
H	V	W	A	A	N	A	P	A	N	A	S	A	T	I
A	T	U	G	R	B	G	M	U	H	Y	I	P	H	M
M	I	Y	I	K	M	H	J	A	Y	H	E	S	G	A
A	J	C	G	O	Z	A	R	Z	D	C	S	Q	M	R
T	B	I	E	A	U	M	E	A	E	E	E	R	W	E
H	I	V	M	N	Z	Z	M	R	N	P	A	X	H	T
A	M	M	H	Z	X	A	P	L	Z	K	T	K	H	R
F	C	E	F	R	S	W	U	M	E	H	K	G	E	E
U	U	T	T	O	L	F	I	W	G	O	I	Y	J	A
H	L	Q	Z	T	D	F	U	C	I	S	M	L	H	T
C	G	I	F	N	A	C	M	A	N	T	R	A	O	W
I	R	I	I	M	C	J	D	I	S	J	F	V	Y	M
O	G	M	L	C	M	G	C	H	A	N	T	I	N	G



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